

LUNCH MENU 13/05/24 TO 17/05/24

DAY		DISH	SIDE DISH
MONDAY	soup	SPINACH	
	meat	FRIED STEAK PORK	RICE AND CHIPS
	fish	FISH PATTIES	TOMATO RICE
	diet	BOILED DAFFODIL	BOILED POTATOES
	option	FRIED STEAK PORK	RICE AND CHIPS
	veget.	VEGETABLES RICE	
TUESDAY	soup	FRENCH GARLIC	
	meat	PORK	POTATOES CARROTS AND PEAS
	fish	TUNNA RICE	SALAD
	diet	STEWED DAFFODIL	BOILED POTATOES
	option	PORK	POTATOES CARROTS AND PEAS
	veget.	ROAST SEITAN AND POTATOES	
WEDNESDAY	soup	PEAS	
	meat	ROAST CHICKEN	RICE AND SALAD
	fish	RED FISH IN THE OVEN	RICE AND SALAD
	diet	RED FISH IN THE OVEN	RICE AND SALAD
	option	ROAST CHICKEN	RICE AND SALAD
	veget.	LENTILLS BOLOGNESE	
THURSDAY	soup	VEGETABLES	
	meat	STEWED PORK CHOPS	SPAGHETTI AND SALAD
	fish	BREADED HAKE MEDALLIONS	PEPERS RICE
	diet	BOILED HAKE MEDALLIONS	BOILED POTATOES
	option	STEWED PORK CHOPS	SPAGHETTI AND SALAD
	veget.	STEWED PEAS AND EGGS	
FRIDAY	soup	VEGETABLES	
	meat	CHICKEN RICE	SALAD
	fish	BREADED HAKE FILLETS	POTATOES, CARROTS AND PEAS
	diet	HAKE FILLETS IN THE OVEN	RICE AND SALAD
	option	DUCK RICE	SALAD
	veget.	CURRY VEGETABLES AND RICE	

DINNER MENU 13/05/24 TO 17/05/24

DAY		DISH	SIDE DISH
MONDAY	soup	SPINACH	
	meat	PORK BOLOGNESA	SPAGHETTI
	fish	BOILED HAKE	BOILED POTATOES AND SALAD
	diet	BOILED HAKE	BOILED POTATOES AND SALAD
	option	PORK BOLOGNESA	SPAGHETTI
	veget.	STEWED VEGETABLES WITH RICE AND SALAD	
TUESDAY	soup	FRENCH GARLIC	
	meat	STEWED CHICKEN	RICE AND SALAD
	fish	TOMATO SQUIDS	POTATOES AND SALAD
	diet	BOILED RED FISH	BOILED POTATOES
	option	STEWED CHICKEN	RICE AND SALAD
	veget.	STEWED TOFU AND BOILED POTATOES	
WEDNESDAY	soup	PEAS	
	meat	BREADED STEAK PORK	SPAGHETTI
	fish	BREADED SQUIDS	RICE AND SALAD
	diet	BOILED DAFFODIL	BOILED POTATOES
	option	BREADED STEAK PORK	SPAGHETTI
	veget.	CUSCUS WITH VEGETABLES	
THURSDAY	soup	VEGETABLES	
	meat	PORK IN THE OVEN	RICE AND CHIPS
	fish	FISH RICE	SALAD
	diet	PORK IN THE OVEN	RICE AND SALAD
	option	PORK IN THE OVEN	RICE AND CHIPS
	veget.	VEGETABLES OMELET WITH RICE AND CHIPS	
FRIDAY	soup	VEGETABLES	
	meat	FRIED STEAK PORK	RICE AND SALAD
	fish	FISH PATTIES	RICE AND SALAD
	diet	GRILLED STEAK PORK	BPOLED POTATOES
	option	FRIED STEAK PORK	RICE AND SALAD
	veget.	SOY SAUSAGE AND BEANS	